

Third Sunday of Lent
Veneration of the Precious Cross / Tone 2
Great Vespers

Blessed is the Man

At Lord I have cried: Octoechos 6; Triodion 4, Martyrs 3; *Glory*: Triodion, Tone 3; *Both now*:
Dogmatic Theotokion in the tone of the week

3 Readings for the Martyrs

Aposticha: Octoechos 4; *Glory*: Martyrs; *Both now*: Theotokion (in the Triodion), Tone 4

Troparia: *O Theotokos Virgin, Rejoice*, twice; *O Lord, save Thy people...*, once

Matins

After *God is the Lord*: Resurrectional Troparion twice; *Glory*: Martyrs *Both now*: Cross

After each Kathisma: Sessional Hymns from the Octoechos

Evlogitaria

Hypakoë of the tone, all the sessional hymns of the Martyrs

Hymns of Ascent and Prokeimenon in tone of the week

10th Matins Gospel

Having beheld the Resurrection; Psalm 50; *Glory*: *The doors of repentance*; *Both now*: *Guide me in the paths of salvation; Have mercy on me, O God; When I think of the multitude of evil things I have done.*

The Gospel is not venerated

Canon

Resurrection 2 *Glory to Thy Holy Resurrection, O Lord*

Martyrs 2 *Holy martyrs of Sebaste, pray to God for us*

Cross 4 *Glory to Thy precious Cross, O Lord*

Katavasia in the Triodion *Moses the servant of God...*

After Ode 3: Kontakion & Ikos of the Martyrs; Sessional hymn of the Martyrs, *Glory*,
Both now: Sessional hymn of the Triodion ("Thy Cross, O Lord, is holy")

After Ode 6: Kontakion and Ikos of the Triodion

After Ode 8: *My soul doth magnify...*

Holy is the Lord, our God

Exapostilaria: 10th Gospel; *Glory*: Triodion; *Both now*: Theotokion in the Triodion

Praises: Octoechos 4; Triodion 3 (Repeat first), Tone 4 (final two with verses in the Triodion);
Triodion, Tone 8; *Glory*: Repeat; *Both now*: *Most blessed art thou...*

Great Doxology with final *Holy God...* sung solemnly when the Cross is brought out;

O Lord, save Thy people..., thrice; Clergy: *Before Thy Cross...*, thrice; Chanters: *Before Thy Cross...*, thrice; Triodion stichera during the veneration of the Cross

After the dismissal: *Glory*, *Both now*: 10th Gospel Sticheron

At the Hours

Troparion: Resurrection; *Glory*: Cross & Martyrs, Alternating

Kontakion: Resurrection, Cross, Martyrs Alternating