

**Fifth Sunday of Lent**  
**Mother Mary of Egypt / Tone 4**

**Great Vespers**

*Blessed is the Man*

*At Lord I have cried: Octoechos 6; Triodion 4; Glory: Triodion; Both now: Dogmatic Theotokion in the tone of the week*

*Aposticha: Octoechos 4; Glory: Triodion, Tone 8; Both now: Triodion (O new wonder...)*

*Troparia: O Theotokos Virgin, Rejoice, thrice*

**Matins**

*After God is the Lord: Resurrectional Troparion twice; Glory: Saint; Both now: Resurrectional Theotokion, Tone 8*

*After each Kathisma: Sessional Hymns from the Octoechos*

*Evlogitaria*

*Hypakoë, Hymns of Ascent and Prokeimenon in tone of the week*

*1st Matins Gospel*

*Having beheld the Resurrection*

*Psalm 50; Glory: The doors of repentance; Both now: Guide me in the paths of salvation; Have mercy on me, O God; When I think of the multitude of evil things I have done.*

**Canon**

Resurrection	2	<i>Glory to Thy Holy Resurrection, O Lord</i>
Theotokos	1	<i>O Most-holy Theotokos, save us</i>
Triodion	1/1	<i>Have mercy on me, O God, have mercy on me</i>
Saint	3	<i>Venerable Mother Mary, pray to God for us</i>
Katavasia		<i>I shall open my mouth...</i>

*After Ode 3: Kontakion of the Saint (VI) and Sessional Hymns from the Triodion*

*After Ode 6: Kontakion and Ikos from the Octoechos*

*After Ode 8: My soul doth magnify...*

*Holy is the Lord, our God*

*Exapostilaria: 1st Gospel; Glory: Saint; Both now: Theotokion in the Triodion*

*Praises: Octoechos 8, with Psalm verses:*

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*I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.*

*I will be glad and rejoice in Thee, I will chant unto Thy name, O Most High.*

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*And then the verse Arise, O Lord my God.... followed by the sticheron in the Triodion: The*

*Kingdom of God is not food and drink...; Glory: Repeat; Both now: Most blessed art thou...*

*After the dismissal: Glory, Both now: 1st Gospel Sticheron*

**At the Hours**

*Troparion: Resurrection; Glory: Saint*

*Kontakion: Resurrection*