

10 / 23 January: Saint Gregory of Nyssa / Afterfeast of Theophany
31st Sunday after Pentecost; Tone 6

Great Vespers

Blessed is the man

At Lord I have Cried: Octoechos 3; Feast 4; Saint 3; Glory: Saint; Both now: Sunday Dogmatic Theotokion in the tone of the week

Aposticha: Octoechos; Glory; Saint; Both now: Feast

Troparia: O Theotokos Virgin..., twice; Saint, once

Matins

Troparia after God is the Lord: Octoechos, twice; Glory; Saint; Both now: Feast

After each Kathisma: Sessional hymns from the Ochoechos

Polyeleos; Magnification of the Saint

Evlogitaria

Hypakoï of the tone of the week; Sessional hymns of the Saint

Hymns of Ascent and Prokimenon in the tone of the week

9th Matins Gospel

Having beheld the Resurrection

Psalm 50

*Glory: Through the prayers of the Apostles..., Both now: Through the prayers of the Theotokos...,
Have mercy on me, O God..., Jesus having risen...*

Canon

Resurrection 2 Glory to Thy Holy Resurrection, O Lord

Feast 2 O Most Holy Theotokos, save us

Saint 4 O Holy Hierarch Gregory, pray to God for us

Katavasia of Theophany The Lord mighty in battle...

After Ode 3, Kontakion and Ikos of the Feast; Kontakion and Ikos of the Saint; Sessional hymn of the Saint; Glory, Both now: Feast

After Ode 6, Kontakion and Ikos from the Octoechos

After Ode 8, My soul doth magnify...

Holy is the Lord, our God

Exapostilaria: 9th Gospel; Glory; Saint; Both now: Feast

Praises: Octoechos 4; Feast, from the Matins Aposticha, with doxasticon & Psalm verses

Glory: 9th Gospel Sticheron; Both Now: Most blessed art thou...

At the Hours

Troparia: Resurrection; Glory: Feast / Saint, alternating

Kontakion: Resurrection / Feast / Saint, alternating