

18 January / 31 January: Hierarchs Athanasius & Cyril of Alexandria
34th Sunday after Pentecost; Tone 1

Great Vespers

Blessed is the man

At Lord I have Cried: Octoechos 4; Athanasius 3; Cyril 3; Glory: Athanasius; Both now:

Dogmatic Theotokion in the tone of the week

Aposticha: Octoechos; Glory: Athanasius; Both now: Theotokion in the same tone

Troparia: O Theotokos Virgin, rejoice, thrice

Matins

Troparia after God is the Lord: Octoechos, twice; Glory: Hierarchs; Both now: Theotokion,

Tone 3: We hymn thee who hast mediated the salvation of our race

After each Kathisma: Sessional hymns from the Ochoechos

Evlogitaria

Hypakoe, Hymns of Ascent and Prokimenon in the tone of the week

1st Matins Gospel

Having beheld the Resurrection

*Psalm 50; Glory: Through the prayers of the Apostles..., Both now: Through the prayers of the
Theotokos..., Have mercy on me, O God..., Jesus having risen...*

Canon

Resurrection 2 *Glory to Thy Holy Resurrection, O Lord*

Theotokos 1 *O most-holy Theotokos, saver us*

St. Athanasius 1/1 *O Holy Hierarch, Father Athanasius, pray to God for us*

St. Cyril 3 *O Holy Hierarch, Father Cyril, pray to God for us*

Katavasia *The sun once passed over dry land*

After Ode 3, Kontakion, Ikos and Sessional hymns of the Hierarchs

After Ode 6, Kontakion and Ikos of the Resurrection

After Ode 8, My soul doth magnify...

Holy is the Lord, our God

*Exapostilaria: 1st Gospel; Hierarchs; Glory: Hierarchs; Both now: Resurrectional
Theotokion*

Praises: Octoechos 8; Glory: 1st Gospel Sticheron; Both now: Most blessed art thou...

At the Hours

Troparia: Resurrection; Glory: Hierarchs

Kontakion: Resurrection