

12 July / 25 July: Martyrs Proclus & Hilarius / Michael of Maleninus
5th Sunday After Pentecost; Tone 4

Great Vespers

Blessed is the man

At Lord I have Cried: Octoechos 4; Martyrs 3; Saint 3; Glory: Saint; Both now: Sunday

Dogmatic Theotokion in the tone of the week

Aposticha: Octoechos; Glory, Both now: Theotokion in the tone of the week

Troparia: O Theotokos Virgin..., thrice

Matins

Troparia after God is the Lord: Octoechos, twice; Saint; Glory: Saint Both now:

Resurrectional Theotokion, Tone 8

After each Kathisma: Sessional hymns from the Ochoechos

Evlogitaria

Hypakoi, Hymns of Ascent and Prokimenon in the tone of the week

5th Matins Gospel

Having beheld the Resurrection

Psalm 50

Glory: Through the prayers of the Apostles..., Both now: Through the prayers of the Theotokos...,

Have mercy on me, O God..., Jesus having risen...

Canon

Resurrection 2 *Glory to Thy Holy Resurrection, O Lord*

Theotokos 1 *O Most Holy Theotokos, save us*

Martyrs 2 *O Holy Martyrs Proclus and Hillary, pray to God for us*

Saint 3 *O Venerable Father Michael, pray to God for us*

Katavasia *I shall open my mouth...*

After Ode 3, Kontakion and Ikos of the Saint (VI); Kontakion of the Martyrs (III);

Sessional hymns of both (III)

After Ode 6, Kontakion and Ikos from the Octoechos

After Ode 8, My soul doth magnify...

Holy is the Lord, our God

Exapostilaria: 5th Gospel; Glory: Saint Both Now: Resurrectional Theotokion

Praises: Octoechos 8; Glory: 5th Gospel Sticheron; Both Now: Most blessed art thou...

At the Hours

Troparia: Resurrection; Glory: Saint

Kontakion: Resurrection