

**19 July / 1 August: Holy Fathers of the First Six Ecumenical Councils /  
Seraphim, Wonderworker of Sarov; 6th Sunday after Pentecost / Tone 5  
Great Vespers**

*Blessed is the man*

At Lord I have Cried: Octoechos 3; Fathers 4; Saint 3; *Glory*: Fathers; *Both now*: Dogmatic  
Theotokion in the tone of the week

3 Readings for the Fathers & 3 Readings for the Saint

Aposticha: Octoechos; *Glory*: Fathers; *Both now*: Theotokion in Menaion for the Fathers

Troparia: O *Theotokos Virgin, rejoice*, twice; Saint, once

**Matins**

Troparia after *God is the Lord*: Octoechos, once; Fathers; *Glory*: Saint; *Both now*:

Theotokion, Tone 4: *The mystery hidden from all ages*

After each Kathisma: Sessional hymns from the Ochoechos

Polyeleos and Magnification of the Saint; Evlogitaria

Hypakoï in the tone of the week; Sessional hymns of the Saint

Hymns of Ascent and Prokimenon in the tone of the week

6th Matins Gospel

*Having beheld the Resurrection*

Psalm 50; *Glory*: *Through the prayers of the Apostles...*, *Both now*: *Through the prayers of the  
Theotokos...*, *Have mercy on me, O God...*, *Jesus having risen...*

**Canon**

Resurrection 2 *Glory to Thy Holy Resurrection, O Lord*

Saint 2 *O Venerable Father Seraphim, pray to God for us*

Fathers 4 *O Holy God-bearing Fathers, pray to God for us*

Katavasia *I shall open my mouth...*

After Ode 3, Kontakion and Ikos of the Saint; Sessional hymns of the Fathers; Ses-  
sional hymns of the Saint

After Ode 6, Kontakion and Ikos of the Fathers

After Ode 8, *My soul doth magnify...*

*Holy is the Lord, our God*

Exapostilaria: 6th Gospel; Fathers; *Glory*: Saint; *Both Now*: Resurrectional Theotokion

Praises: Octoechos 3; Fathers 2; Saint 3, with the Doxasticon and verses:

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*Precious in the sight of the Lord is the death of saints.*

ЧЕРТНА ПРΕΔ ΓΔΕΜΧ ΕΜΕΡΤΥ ΠΡΠΚΗΝΥΧ ΕΓΩ.

*Blessed is the man that feareth the Lord; in His commandments shall he greatly delight.*

ΒΛΨΕΝΧ ΜΨЖΧ ΒΟΔΗΕΑ ΓΔΑ, ΒΧ ΖΑΠΟΒΕΔΕΧΧ ΕΓΩ ΒΟΙΧΟΨΙΕΤΧ ΣΕΛΩ.

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*Glory*: Fathers; *Both now*: *Most blessed art thou...*

After the dismissal: *Glory*, *Both Now*: 6th Gospel Sticheron

**At the Hours**

Troparia: Resurrection; *Glory*: Fathers / Saint, alternating

Kontakion: Resurrection / Fathers / Saint, alternating