

December 14 / December 27: The Sunday of the Holy Forefathers
29th Sunday After Pentecost; Tone 4

Great Vespers

Blessed is the Man

At Lord I have cried: Octoechos 6; Forefathers 4; *Glory*: Forefathers *Both now*: Dogmatic
Theotokion in the tone of the week

Aposticha: Octoechos 4; *Glory*: Forefathers; *Both now*: Theotokion in the Menaion

Troparia: O *Theotokos Virgin*, twice; Forefathers, once

Matins

After *God is the Lord*: Resurrectional Troparion, twice; *Glory, Both now*: Forefathers

Kathisma: Sessional hymns from the Ochoechos

Polyeleos

Evlogitaria

Hypakoï, Sessional Hymn of the Forefathers;

Hymns of Ascent and Prokeimenon in tone of the week

7th Matins Gospel

Having beheld the Resurrection

Psalm 50

*Glory: Through the prayers of the Apostles..., Both now: Through the prayers of the Theotokos...,
Have mercy on me, O God..., Jesus having risen...*

Canon (Read – S/E, then switch at Ode 6)

Irmoi

Resurrection 2 Glory to Thy Holy Resurrection, O Lord

Three Youths 2 O Holy Three Youths, pray to God for us

Forefathers 4 O Holy Forefathers, pray to God for us

Katavasia *Christ is born...*

After Ode 3: Hypakoë of the Forefathers

After Ode 6: Kontakion and Ikos of the Forefathers

After Ode 8: *My soul doth magnify...*

Holy is the Lord, our God

Exapostilaria: 7th Gospel; *Glory*: Forefathers *Both now*: Theotokion of the Forefathers

Praises: Octoechos 4; Forefathers 4 with verses in the Menaion; *Glory*: Forefathers; *Both
now: Most blessed art thou...*

After dismissal: 7th Gospel Sticheron

At the Hours

Troparia: Resurrection; *Glory*: Forefathers

Kontakion: Forefathers