

First Sunday of Lent
Sunday of Orthodoxy, Tone 5
Great Vespers

Blessed is the Man

At Lord I have cried: Octoechos 6; Triodion 4, Tone 6; Glory: Triodion, Tone 2; Both now: Dogmatic Theotokion in the tone of the week

Aposticha: Octoechos 4; Glory: Triodion, Tone 2; Both now: Resurrectional Theotokion (in the Triodion), Tone 2

Troparia: O Theotokos Virgin, Rejoice, twice; We venerate Thy holy ikon..., once

Matins

After God is the Lord: Resurrectional Troparion twice; Glory: We venerate Thy holy ikon..., Tone 2 Both now: Dismissal Theotokion in the same tone (in the Triodion)

After each Kathisma: Sessional Hymns from the Octoechos

Evlogitaria

Hypakoë, Hymns of Ascent and Prokeimenon in tone of the week

Matins Gospel: 5

Having beheld the Resurrection

Psalm 50; Glory: The doors of repentance; Both now: Guide me in the paths of salvation; Have mercy on me, O God; When I think of the multitude of evil things I have done

Canon

Resurrection	2	<i>Glory to Thy Holy Resurrection, O Lord</i>
Cross and Resurrection	1	<i>Glory, O Lord, to Thy precious Cross and Resurrection</i>
Theotokos	1	<i>O Most-holy Theotokos, save us</i>
Triodion	4	<i>Have mercy on me, O God, have mercy on me</i>
Katavasia in the Triodion		<i>Israel in ancient times...</i>

After Ode 3: Sessional Hymns of the Triodion

After Ode 6: Kontakion and Ikos of the Triodion

After Ode 8: My soul doth magnify...

Holy is the Lord, our God

Exapostilaria: Gospel; Glory: Triodion; Both now: Theotokion in the Triodion

Praises: Octoechos 5; Triodion 3, Tone 4 (with Psalm verses in the Triodion); Triodion, Tone 6; Glory: Repeat; Both now: Most blessed art thou...

After the dismissal: Glory, Both now: Gospel Sticheron

At the Hours

Troparion: Resurrection; Glory: Triodion

Kontakion: Triodion