

Third Sunday of Lent
Veneration of the Precious Cross; Tone 7

Great Vespers

Blessed is the Man

At Lord I have cried: Octoechos 6; Triodion 4, *Glory*: Triodion, Tone 3; *Both now*:

Dogmatic Theotokion in the tone of the week

Aposticha: Octoechos 4; *Glory, Both now*: Theotokion (in the Triodion), Tone 4

Troparia: *O Theotokos Virgin, Rejoice*, twice; *O Lord, save Thy people...*, once

Matins

After *God is the Lord*: Resurrectional Troparion twice; *Glory*: *O Lord, save Thy people...*;

Both now: Dismissal Theotokion in the same tone

After each Kathisma: Sessional Hymns from the Octoechos

Evlogitaria

Hypakoë, Hymns of Ascent and Prokeimenon in tone of the week

7th Matins Gospel

Having beheld the Resurrection; Psalm 50

Glory: *The doors of repentance*; *Both now*: *Guide me in the paths of salvation*; *Have mercy on me, O God*; *When I think of the multitude of evil things I have done*.

The Gospel is not venerated

Canon

Resurrection 2 *Glory to Thy Holy Resurrection, O Lord*

Theotokos 1 *O Most-holy Theotokos, save us*

Cross 5 *Glory to Thy Precious Cross, O Lord*

Katavasia in the Triodion *Moses the servant of God...*

After Ode 3: Sessional hymn of the Triodion (*Thy Cross, O Lord, is holy*)

After Ode 6: Kontakion and Ikos of the Triodion

After Ode 8: *My soul doth magnify...*

Holy is the Lord, our God

Exapostilaria: 7th Gospel; *Glory*: Triodion; *Both now*: Theotokion in the Triodion

Praises: Octoechos 4; Triodion 4 (Repeat first), Tone 4 (final two with verses in the Triodion); Triodion, Tone 8 (*The Lord of all has taught us in a parable*); *Glory*: Repeat; *Both now*: *Most blessed art thou...*

Great Doxology with final *Holy God...* sung solemnly when the Cross is brought out;

O Lord, save Thy people..., thrice; Clergy: *Before Thy Cross...*, thrice; Chanters: *Before Thy Cross...*, thrice; Triodion stichera during the veneration of the Cross

After the dismissal: *Glory, Both now*: 7th Gospel Sticheron

At the Hours

Troparion: Resurrection; *Glory*: Cross

Kontakion: Cross