

**18 / 31 July; Holy Fathers of the First Six Ecumenical Councils**  
**7th Sunday after Pentecost; Tone 6**  
**Great Vespers**

*Blessed is the man*

*At Lord I have Cried: Octoechos 4; Fathers 6; Glory: Fathers; Both now: Sunday Dogmatic Theotokion in the tone of the week*

3 Readings for the Fathers

*Aposticha: Octoechos; Glory: Fathers; Both now: Theotokion in the same tone (in the Menaion)*

*Troparia: O Theotokos Virgin, twice; Fathers, once*

**Matins**

*Troparia after God is the Lord: Resurrection, twice; Glory: Fathers; Both now: Resurrectional Theotokion in Tone 8*

*Kathisma: Sessional hymns from the Octoechos*

*The Evlogitaria*

*Hypakoe, Hymns of Ascent), and Prokimenon in tone of the week*

*7th Matins Gospel*

*Having beheld the Resurrection*

*Psalm 50; Glory: Through the prayers of the Apostles, Both now: Through the prayers of the Theotokos, Have mercy on me, O God, Jesus having risen...*

**Canon**

Resurrection	2	<i>Glory to Thy Holy Resurrection, O Lord</i>
Theotokos	1	<i>O Most Holy Theotokos, save us</i>
Fathers 1st Canon	2	<i>Holy God-bearing Fathers, pray to God for us</i>
Fathers 2nd Canon	3	<i>Holy God-bearing Fathers, pray to God for us</i>
Katavasia		<i>I shall open my mouth...</i>

*After Ode 3, Kontakion and Ikos of the Resurrection; Sessional Hymns of the Fathers*

*After Ode 6, (S) Kontakion and Ikos of the Fathers*

*After Ode 8, My soul doth magnify...*

*Holy is the Lord, our God*

*Exapostilaria: 7th Gospel; Glory: Fathers; Both now: Theotokion (Menaion)*

*Praises: Octoechos 4; Fathers 4 (repeat the 1st and for the last two, use the Psalm verses in the Menaion); Glory: Fathers; Both now: Most blessed art thou...*

*After the dismissal: Glory, Both now: 7th Gospel Sticheron*

**At the Hours**

*Troparia: Resurrection; Glory: Fathers*

*Kontakion: Resurrection / Fathers, alternating*