

**5 September / 18 September: Holy Prophet Zacharias & Righteous Elizabeth**  
**14th Sunday after Pentecost / Tone 5**

**Great Vespers**

*Blessed is the man*

At Lord I have Cried: Octoechos 6; Prophet 4; *Glory*: Prophet; *Both now*: Dogmatic

Theotokion in the tone of the week

3 Readings for the Prophet

Aposticha: Octoechos; *Glory*: Prophet; *Both now*: Theotokion in the same

Troparia: *O Theotokos and Virgin*, thrice

**Matins**

Troparia after *God is the Lord*: Octoechos, twice; *Glory*: Prophet; *Both now*: Resurrectional  
Theotokion, Tone 2

After each Kathisma: Sessional hymns from the Ochoechos

Hypakoï, Hymns of Ascent and Prokimenon in the tone of the week

3rd Matins Gospel

*Having beheld the Resurrection*

Psalm 50

*Glory*: *Through the prayers of the Apostles...*, *Both now*: *Through the prayers of the Theotokos...*,  
*Have mercy on me, O God...*, *Jesus having risen...*

**Canon**

Resurrection 2 *Glory to Thy Holy Resurrection, O Lord*

Cross & Resurrection 1 *Glory to Thy Precious Cross and Resurrection, O Lord*

Theotokos 1 *O Most Holy Theotokos, save us*

Prophet 4 *O Holy Glorious Prophet Zacharius, pray to God for us*

Katavasia of the Cross *Inscribing the invincible weapon of the Cross...*

After Ode 3, Kontakion, Ikos and Sessional hymns of the Prophet

After Ode 6, Kontakion and Ikos from the Octoechos

After Ode 8, *My soul doth magnify...*

*Holy is the Lord, our God*

Exapostilaria: 3rd Gospel; *Glory*: Prophet; *Both now*: Resurrectional Theotokion

Praises: Octoechos 8; *Glory*: 3rd Gospel Sticheron; *Both now*: *Most blessed art thou...*

**At the Hours**

Troparia: Resurrection; *Glory*: Prophet

Kontakion: Resurrection