

**24 October / 6 November: Martyr Arethas**  
**21st Sunday after Pentecost; Tone 4**

### Great Vespers

*Blessed is the man*

*At Lord I have Cried: Octoechos 7; Martyrs 3; Glory: Martyrs; Both now: Sunday Dogmatic  
Theotokion in the tone of the week*

*Aposticha: Octoechos; Glory: Martyrs, Tone 8; Both now: Theotokion in the same tone*

*Troparia: O Theotokos Virgin..., thrice*

### Matins

*Troparia after God is the Lord: Octoechos, twice; Glory: Martyrs Both now: Resurrectional  
Theotokion, Tone 1*

*Kathisma: Sessional Hymns from the Octoechos*

*Polyeleos; Evlogitaria*

*Hypakoï, Hymns of Ascent and Prokimenon in the tone of the week*

*10th Matins Gospel*

*Having beheld the Resurrection*

*Psalm 50*

*Glory: Through the prayers of the Apostles..., Both now: Through the prayers of the Theotokos...,  
Have mercy on me, O God..., Jesus having risen...*

### Canon

Resurrection	2	<i>Glory to Thy Holy Resurrection, O Lord</i>
Cross and Resurrection	1	<i>Glory to Thy precious Cross and Resurrection, O Lord</i>
Theotokos	1	<i>O most holy Theotokos, save us</i>
Martyr	4	<i>O Holy Martyr Arethas, pray to God for us</i>
Katavasia		<i>I shall open my mouth...</i>

*After Ode 3, Kontakion, Ikos (VI) and Sessional hymns (III) of the Martyrs*

*After Ode 6, Kontakion and Ikos from the Octoechos*

*After Ode 8, My soul doth magnify...*

*Holy is the Lord, our God*

*Exapostilaria: 10th Gospel ; Glory: Martyrs; Both now: Resurrectional Theotokion*

*Praises: Octoechos 8; Glory: 10th Gospel Sticheron; Both now: Most blessed art thou...*

### At the Hours

*Troparia: Resurrection; Glory: Martyrs*

*Kontakion: Resurrection*